

# Lunch Menu Week 1



w/c 24th February	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Red pepper Soup	Tomato and Basil	Broccoli and Cheddar	Leak and potato
<b>HOT MAINS</b>	Wholemeal Pizza and Wedges <span style="float: right;">V</span>	Wholemeal Spaghetti Beef Bolognese with Salad and Garlic Bread	Chicken Fajita Wraps served with onions, peppers and tomatoes	Ham Roast Dinner with cauliflower cheese and roast new potatoes	Fish Cake or Fish Fingers with chips and mushy peas
	Spanish Omelette <span style="float: right;">V</span>	Vegetarian Sausage Toasties <span style="float: right;">V</span>	Cheese and Red Onion Quiche <span style="float: right;">V</span>	Vegetarian Chilli with Rice <span style="float: right;">V</span>	Veggie Fingers <span style="float: right;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Fresh Fruit Salad <span style="float: right;">Ve</span>	Fresh Fruit trifle <span style="float: right;">V</span>	Sticky Toffee pudding , Yoghurts <span style="float: right;">V</span>	Bakewell Cherry Slice <span style="float: right;">V</span>	Cheese and Crackers <span style="float: right;">V</span>


**Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt**

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian  
Ve Vegan  
 Oily fish

# Lunch Menu Week 2



w/c 3rd March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Carrot and Coriander	Tomato and Basil	Chef Choice	Pea and Spinach	Chef Choice
<b>HOT MAINS</b>	Tomato and Basil Pasta <span style="color: green;">V</span>	Beef Chilli Tacos with tortilla chips	All Day Breakfast	Homemade Scouse with Crusty Bread and Pickled Beetroot	Fish Fingers with Chips and Garden Peas
	Vegetarian chilli and rice <span style="color: green;">V</span>	Asian Noodles <span style="color: green;">V</span>	Roasted Red Pepper Quiche <span style="color: green;">V</span>	Quorn Stovies <span style="color: green;">V</span>	Welsh Rarebit <span style="color: green;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Sponge Cake and Custard <span style="color: green;">V</span>	Ginger Biscuits <span style="color: green;">V</span>	Fresh Fruit Salad <span style="color: green;">V</span>	Fresh Fruit Trifle <span style="color: green;">V</span>	Barabrith <span style="color: green;">V</span>





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# Lunch Menu Week 3



w/c 10th March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Tomato & Basil	Broccoli and Cheddar	Roasted Pepper	Chinese Sweetcorn
<b>HOT MAINS</b>	Quorn Mince Cottage Pie <span style="float: right;">V</span>	Jewel's Chicken Karahi with wholegrain Rice	Chef Daniel's Beef and Bean Quesadillas	Beef Stifado with wholegrain Rice	Fish Fingers or Tandoori Salmon  with Chips and Garden Peas
	Broccoli and Cream Cheese Pasta Bake <span style="float: right;">V</span>	Spanish Omelette with salad <span style="float: right;">V</span>	Vegetable and Lentil Stew <span style="float: right;">Ve</span>	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread <span style="float: right;">Ve</span>	Veggie Sausage Roll <span style="float: right;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Fresh Fruit Salad <span style="float: right;">Ve</span>	Apple Flapjacks <span style="float: right;">V</span>	Sponge Cake topped with Jam and Whipped Cream <span style="float: right;">V</span>	Shortbread Biscuits <span style="float: right;">V</span>	Cheese and Crackers <span style="float: right;">V</span>





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# Lunch Menu Week 4



w/c 17th March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Roasted vegetable	Lentil	Red pepper Soup	Chinese Sweetcorn
<b>HOT MAINS</b>	Cheesy Beans Pasta Bake <span style="color: green;">v</span>	Chicken pie with New potatoes and baby carrots	Meatball Sub with tortilla chips and salad	Carbonara Penne Pasta Bake with Sweetcorn and Homemade Garlic Bread	Fish Fingers or Tandoori Salmon  with Chips and Peas
	Cherry Tomato and Cheese Quiche with Salad <span style="color: green;">v</span>	Veggie Toad in the Hole <span style="color: green;">v</span>	Vegetable paella <span style="color: green;">Ve</span>	Vegetable and Rice Enchiladas <span style="color: green;">v</span>	Veggie Sausage Roll <span style="color: green;">v</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Chocolate Fudge Cake <span style="color: green;">v</span>	Ginger Biscuits <span style="color: green;">v</span>	Pineapple and Coconut Sponge <span style="color: green;">v</span>	Scones and whipped Cream <span style="color: green;">v</span>	Cheese and Crackers <span style="color: green;">v</span>

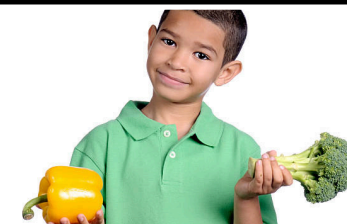



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# Lunch Menu Week 5



w/c 24th March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Carrot and Coriander	Broccoli and Cheddar	Chef Choice	Pea Soup	Chinese Sweetcorn
<b>HOT MAINS</b>	Wholemeal Pizza and wedges <span style="color: green;">V</span>	Homemade Chicken Korma Curry with wholegrain Rice, Green Beans and Mango Chutney	Rich Sausage and Lentil Ragù with Mash	Spaghetti Beef Bolognese	Fish Fingers with Chips and Garden Peas
	Meat free burritos <span style="color: green;">V</span>	Vegetable and Lentil Stew <span style="color: green;">Ve</span>	Tomato and Basil Pasta <span style="color: green;">V</span>	Spanish Omelette with Salad <span style="color: green;">V</span>	Veggie Sausage Roll <span style="color: green;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Fresh Fruit Salad <span style="color: green;">Ve</span>	Apple Flapjacks <span style="color: green;">V</span>	Iced Sponge Cake with Custard <span style="color: green;">V</span>	German Apple Cake <span style="color: green;">Ve</span>	Cheese and Crackers <span style="color: green;">V</span>








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# Lunch Menu Week 6



w/c 31st March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Tomato and Basil	Red pepper Soup	Chef Choice	Chinese Sweetcorn
<b>HOT MAINS</b>	Quorn stovies 	Sausage Casserole with Pasta	Steak and Vegetable shortcrust pie with New Potatoes and Peas	Chicken Fajita wraps with onions, peppers and tomatoes	Fish Fingers or Tandoori Salmon  with Chips and Garden Peas
	Welsh Rarebit 	Quorn mince Cottage Pie with Baby Carrots 	Vegetable and Rice Enchiladas 	Cheese and Red Onion Quiche 	Veggie Sausage Roll 
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	'Chocolate' Fudge Cake 	Oat Cookies 	Sticky Toffee Pudding 	Fresh Fruit Salad 	Cheese and Crackers 



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